



Stay Behind the

Wheel **Safely**

LEARN HOW AGING AFFECTS DRIVING AND WHAT YOU CAN DO ABOUT IT

Stay confident and safe on the road with a free one-hour driver safety class taught by experts from the R Adams Cowley Shock Trauma Center.

As individuals get older, they experience natural changes in reaction time, vision, and physical ability.

Join us for a **FREE safety tune-up** led by a Shock Trauma expert and learn how to **adapt** to these changes - **without sacrificing independence.**

MARCH | 11:00 AM-12:00 PM
2
MON | **Cecil County Health Department**
401 Bow Street
Elkton, MD

SCAN THIS CODE
TO REGISTER:



WHAT WE COVER:



TIPS FOR STAYING SAFE ON AND OFF THE ROAD



COMMON CRASH SCENARIOS



EFFECTS OF MEDICATION ON DRIVING



WARNING SIGNS OF UNSAFE DRIVING



WAYS TO MAINTAIN MOBILITY AND PRESERVE INDEPENDENCE

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CENTER FOR INJURY PREVENTION & POLICY